

Our school table manners

1. Cut food into bite sized pieces before eating. You will need a knife and fork for this!



2. Use your knife to push food onto your fork! Not a hand!



3. Don't speak with your mouth full. You should chew food with your mouth closed.



4. Don't rush your food. God gave you 10,000 taste buds. He wants you to enjoy your food! Chew more!



5. Sit properly at the table when eating! Facing it not sideways!



6. Ask politely if you need something passed to you. Don't reach across others.



7. Keep the area you are eating in clean and tidy. Place spilled food on the side of your tray.



8. Don't make bad comments about food. If you have nothing nice to say, say nothing!

