

## PE Overview 2023-2024

|               | Autumn 1                | Autumn 2             | Spring 1                          | Spring 2                        | Summer 1                  | Summer 2                                |
|---------------|-------------------------|----------------------|-----------------------------------|---------------------------------|---------------------------|---|
| <b>EYFS</b>   | Introduction to PE      | Dance                | Gymnastics                        | Fundamentals                    | Ball Skills               | Games                                   |
| <b>Year 1</b> | Fundamentals<br>Fitness | Ball Skills<br>Dance | Gymnastics<br>Sending + Receiving | Team Building<br>Invasion Games | Athletics<br>Target Games | Striking + Fielding<br>Net + Wall Games |
| <b>Year 2</b> | Fundamentals<br>Fitness | Ball Skills<br>Dance | Gymnastics<br>Sending + Receiving | Team Building<br>Invasion Games | Athletics<br>Target Games | Striking + Fielding<br>Net + Wall Games |
| <b>Year 3</b> | Hockey<br>Gymnastics    | Football<br>Dance    | Fitness<br>Dodgeball              | Tag rugby<br>Handball           | Athletics<br>Rounders     | Cricket<br>Tennis                       |
| <b>Year 4</b> | Hockey<br>Fitness       | Football<br>Dance    | Gymnastics<br>Dodgeball           | Tag Rugby<br>Handball           | Athletics<br>Swimming     | Cricket<br>Swimming                     |
| <b>Year 5</b> | Hockey<br>Fitness       | Football<br>Dance    | Gymnastics<br>Swimming            | Tag Rugby<br>Swimming           | Athletics<br>Rounders     | OAA<br>Tennis                           |
| <b>Year 6</b> | Hockey<br>Swimming      | Football<br>Swimming | Gymnastics<br>Badminton           | Tag Rugby<br>Handball           | Athletics<br>Rounders     | OAA<br>Tennis                           |

